

## Assessment Schedule – Intermediate Massage

### Sports Assessment

#### Conditions

This assessment may either be carried out through provision of post-event sports massage at either the Moro marathon or another multi-sport event.

If the assessment is undergone at the Moro marathon the evidence for the assessment will come from the students provision of post-event massage, and on their contribution to the reflective discussion following the event.

If the assessment is not undergone at the Moro marathon, the student must demonstrate their understanding and ability to apply post-event massage in the form of a reflective report which discusses their experience.

#### Resources

Students are permitted to use any reference material desired during the course of their assessment. They are also permitted to ask questions of their supervisor (if at the Moro marathon).

#### Assessor Guidelines

A student must meet all of the criteria for competency (C) to be **competent** in the assessment.

#### Learning Outcomes

This integrated assessment aims to assess the following learning outcome

- Describe how to adapt massage for sports

EVIDENCE	JUDGEMENT	C <input checked="" type="checkbox"/>
<p>The evidence for this assessment may be provided via either</p> <ul style="list-style-type: none"> <li>• Provision of post-event massage and discussion at the Moro marathon OR</li> <li>• A reflective report based on the students experience at another multi-sport event</li> </ul>	<p>Student is able to distinguish between the type of massage which is appropriate for pre-event massage and post-event massage</p> <p>Student effectively applies post-event massage, or demonstrates their understanding of how to do this effectively.</p> <p>Student provides massage safely by not massaging any areas with signs of injury, or demonstrates their understanding of the observable signs of injury.</p>	